Default Report
*Managing work and leisure in the digital age: A practice exploration of digital work - P31*
**September 14th 2021, 8:06 am MDT**

**Q4 - Tell us about what work activities you engaged in today.**

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| Tell us about what work activities you engaged in today. |
| I devoted the first part of my day to just planning. Then I dove into the Port Product Lab project management work. I also took a prospect call. |
| I almost only worked with GalaBid, but i did some follow up on some sourcing work. |
| I handled GalaBid customer success chats and I had a meeting + follow-up with Prod Labs |
| I was focused almost entirely on the game localisation, save a few emails and chats beyond that. |
| I did my customer success work for GalaBid (answering chats) and worked on video game localisation |
| I worked on the localisation of a video game (gig) and worked on an analysis for an e-commerce investment proposal and then went over the proposal with the potential client. Also, had some follow-up on a product sourcing project. |

**Q5 - Tell us about where you engaged in work activities today.**

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| Tell us about where you engaged in work activities today. |
| Living room and balcony |
| I worked while I was doing some other activities: on my way to the gym, eating at the park, and then back at home. |
| I haven't left the house today :D - kitchen table, sofa, bed |
| I did all of my work from my living room and dining room. |
| I logged in from my phone to receive chats for GalaBid. I also worked from a café a bit and from home (dining area, living room) |
| All of my work was done either in my kitchen or on my bed. |

**Q6 - Tell us about when you engaged in work activities today.**

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| Tell us about when you engaged in work activities today. |
| Started about 10am and went to about 7pm. |
| From 12pm to 6:30pm. With a break at 2pm to play a basketball game |
| worked a bit from 9am to 10am, then from 12pm to 8pm |
| I started my work day at 10am and continued thorough to 6pm.  |
| From 12pm to 6pm I diid GalaBid work, overlapped some working from 5pm to 9pm on the game. |
| From 8am to 11am I worked, and then from 5pm to 8pm |

**Q7 - Tell us about how you felt in your work activities today.**

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| Tell us about how you felt in your work activities today. |
| Made it through the day fine. I try to keep Mondays light so I have chance to catch my breath and plan my week. |
| Pretty damn good. I do think I probably work a bit too much, but I was happy to get another day done. |
| It was a great day. very productive. I feel like I am doing the right thing.  |
| There were times when I was frustrated with the nature of the work, but overall I was content. |
| A tiny bit stressed. I probably should have plotted out more work specific time, because I wound up working while eating, socializing, and transporting myself. |
| The game localisation was fantastic so I felt very accomplished. The proposal was more nerve-wracking. The client is totally unfamiliar with the subject and was unwilling to do videocall/share screen so the whole thing was done on WhatsApp. It felt a bit like a waste of my time. |

**Q8 - Tell us about with whom you engaged in your work activities today.**

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| Tell us about with whom you engaged in your work activities today. |
| Had some interaction with the PortProd team on slack and email, received a call from an old friend/prospective business partner. |
| GalaBid customers, one of my colleagues with GalaBid, and my sourcing agent.  |
| GalaBid clients and the ProdLab team, all virtually.  |
| I had some interactions with Emma, my fellow game-localiser and met with Mike, the game project manager.
I also met with a co-working team, made up of 4-5 people.
I had a few whataspp exchanges with my MasterMind group. |
| Random customers were the only work specific individuals, but I had coffee and had lunch with friends simultaneously. |
| For the first part I had a few Slack messages with the project lead and the other localisation designer. The proposal work just involved me and the potential client. And then I spoke to my sourcing partner briefly. |

**Q9 - Tell us about what devices, applications, tools and platforms you used in work activities today.**

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| Tell us about what devices, applications, tools and platforms you used in work activities today. |
| phone, macbook... a lot of Slack and some email.. a lot of Googling to do research |
| most the phone with LiveChat, a bit on my macbook, some email |
| phone, macbook, email, LiveChat zoom |
| Standard items.... phone, macbook, google docs, confluence, slack, Zoom, discord. |
| A lot on the phone, a bit on my macbook. Most thru Live Chat, some email and also Confluence |
| My phone, my 2 laptops.. Slack, Skype, WhatsApp. Email. Google Docs. Confluence. Amazon. Helium10.  |

**Q11 - Tell us about what free time and leisure activities you engaged in today.**

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| Tell us about what free time and leisure activities you engaged in today. |
| I had breakfast and chilled 9am to 10.. then at about 3pm I just spent some time vegging out on facebook and tiktok, I did take time for a meal later too
After my work day I had to head out and handle a family emergency - |
| A walk at the park, my basketball game, a big lunch early, and reading. |
| Well, I slept for a bit after getting up. Otherwise I never really dedicated anytime to being free.  |
| I started the day by running in the park and after work I went to watch American football. |
| The morning I most spent having a coffee with my friend Dominic. Otherwise I spent most of the day from 12pm to 9pm engaged in work |
| Today is actually sort of my day "off".. I did spend time playing basketball, having lunch with a friend and doing some shopping. |

**Q12 - Tell us about where you engaged in free time and leisure activities today.**

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| Tell us about where you engaged in free time and leisure activities today. |
| Kitchen, dinning room and bed |
| Living room, bedroom, some time at a nearby park and at the gym. |
| Just in my bed |
| At the park and at a restaurant respectively.  |
| At a local café |
| At the park, at the cantina |

**Q13 - Tell us about when you engaged in free time and leisure activities today.**

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| Tell us about when you engaged in free time and leisure activities today. |
| 9am to 10am, 3pm to 3:45 and 5pm to 5 30 |
| Meal time at 11am, game time at 2pm, and some reading at the end of the dat |
| A little bit in the morning |
| Running 9am to 10am, the game 7pm to 10pm |
| Particularly from 10am to 12pm. I did have lunch from 2pm to 4pm where I put work on the back burner, but didn't ignore it. |
| between 11am a 4pm |

**Q14 - Tell us about how you felt in your free time and leisure activities today.**

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| Tell us about how you felt in your free time and leisure activities today. |
| I was feeling pretty good. I think I was a bit worn out in the mid afternoon and just needed to "disconnect" (ironic)... the end of the day was rough because I had to deal with a family crisis |
| I could use some further amusement on a Saturday but I did enjoy my game, lunch and reading. |
| I really just felt like I should have instead been productive. |
| Pretty good.  |
| Good. 2 social outings in 1 day is rare these days. I honestly don't mind attending LiveChat while also having a convo with someone. |
| good... a little bit of guilt because I dedicated so much time to that |

**Q15 - Tell us about with whom you spent your free time and leisure today.**

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| Tell us about with whom you spent your free time and leisure today. |
| mostly alone, with my sister Nuri at the end of the day |
| I played basketball with my team. The rest of my free time was only, save my roommate in the background. |
| Forever alone :( |
| A friend named Javier |
| Dominic and Caro, respectively  |
| Samuele and Emilio, basketball mates...
Virgina and her family for lunch |

**Q16 - Tell us about what devices, applications, tools and platforms you used in your free time and leisure activities today.**

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| Tell us about what devices, applications, tools and platforms you used in your free time and leisure activities today. |
| My phone for some social media, and watched some youtube while having dinner |
| Was able to avoid all tech when playing my game and reading. A few checks while I was eating. |
| I basically stayed device-free in my "free" time |
| I was able to tune out a bit. I used my phone for a fitness app and a bit of communication. |
| Just the phone |
| maybe a bit of phone time to communicate but very little |

**Q17 - Think of your day as a continuous series of situations.

Tell us some examples about how you combined or separated your work and free time or leisure activities in different situations.

Tell us also some examples about how you switched between work and free time or leisure.

You can discuss planned or unpredicted situations.

When applicable please indicate in your examples:

 what did you do, say, think and/or feel in the situation
 the time and place in which the situation occurred
 which people were involved in the situation
 the use of digital devices, applications, tools and platforms in the situation (e.g. mobile phone, laptop, cloud services, social media, crowdworking platforms)**

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| Today I did resent the fact that I have this instinct to seek out pleasure for social media and the uneasiness of holding a screen in front of my face as entertainment which can be interrupted at anytime with a notification for work.
I also have this strange blur between work and leisure that sometimes I revel in but can be a challenge. Like today when I get a call from an old friend who wants help with his business. Is this social time or work time? I am part of multiple Slacks where the line between what is professional and what is social is blurred. So, it can be difficult to know how to mentally process activities.
Example:
If someone in my MasterMind Slack has a question I can help them with and I decide to devote some time to that, does it count as work? I am not getting paid for it, but likewise when I have a question (the inverse situation) I am getting fantastic advice for free... so my participation is worthwhile... but then it can also descend into gossip and banter.

Otherwise I think this blurriness also makes it hard to judge my overall efforts. Did I work enough? Did I work the right way. Alas, the challenges of the remote worker. |
| I have a huge advantage in that I have work I get paid for that I can do from anywhere and it isn't so demanding that I can't easily do a lot of other activities at the same time.

So, in the morning I was able to eat and head to the gym while being logged-in to LiveChat and getting some work done. I did log out once I had to focus on the game. I hadn't done that previously but from time to time I would get an angry customer trying to contact me. By not logging in their messages go straight to a ticket that makes it easy to get back to them without the expectation of an immediate response.

Some reflection has me wishing that I did have more free free time... a chance to totally disconnect, but I also can't complain about my situation.

I am getting better about disconnecting from social media during work, and I am not using social media as my main source of entertainment in my free time. This is progress. |
| I honestly feel really good about this day, despite the lack of free time. I think I am addicted to work accomplishments, i.e., I am not addicted to work in and of itself, but when I get something done or make some important progress, that is a really powerful high.

However, I do struggle with ending the day... at what point can I say "I'm done" and how can I decide if I did enough and accomplished what I needed to do? This creates a dilema because as much as I wish there was a bell that rang and told me I could I should stop, but would I even pay attention to it? Would I feel like it was arbitrary and either ignore it or just be annoyed by it?

My work life is now multiple projects (MasterMind, GalaBid, PortLab, the game localisation, other smaller projects). This is something of a necessity in today's economy: it's hard to make enough money and get enough personal satisfaction from one "job". The struggle lies in the fact that when we could rely on one job we could rely on its structure to help us gage our productivity and effort. When juggling multiple projects the danger is that any one particular project will try to pull you in entirely.

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| Today (09.09) I was able to have a pretty normal day... as in one stretch of solid, uninterrupted work. I did have somewhat arbitrarily end my day once I reached the end—i.e. I could have continued working on some pending items but since I had agreed to meet someone at 7 I just stopped working.

That is something from an office work environment that we may forget in the work-from-home scenario—when we aren't expected to walk out of thee office at thee end of the day we stand to keep working. Luckily, having plan at the end of the day helped me flip a switch.

I think I will try to make sure I have a few personal engagements scheduled outside of my normal work time as a way to make sure I disconnect from time to time. The challenge is keeping social circles active and balancing that need to get out with the need to prevent infection/spread of covid19, as I really felt like spending 3 hours in a full restaurant was a bit irresponsible.  |
| I was able to devote the morning time to leisure, but the entire afternoon I was working, even though. combined that with a social lunch.
Beyond that, I did jump into social media a bit, but not as much as other days.

Unpredicted: The morning coffee with Dom was prolonged and the lunch time with Caro was moved up. I had expected to sit down on my own from say 12pm to 2pm and focus on work, but from 12 to 1 I was still with Dom, actually walking to somewhere he had to go, so I was moving working on my phone and socializing and I pretty much went directly from that activity to lunch. This wasn't an issue with Dom, but when eating with Caro I did have to explain my need to disengage from conversation and jump into my phone. It doesn't bother me and I don't think it is a strain on my friendships.

Also, sometimes the live chat work is very light. Today was not one of those days. So I had a heavier workload overlapping 2 social "events" and the related transport, but no serious complaints. |
| Today is really the best day for me as far as separating work and play. I get somethings done in the morning, head out to do my thing and jump back on in the afternoon.
I am not going to work when I am on the basketball court, and generally if I have someone to spend time with, I also disconnect.
Other days, when I am working alone or at a cafe I will doo work but I will let myself get distracted with social media or possible after searching for a piece of work relevant info, I might rabbit-hole into other non-relevant reading topics. |