Default Report
*Managing work and leisure in the digital age: A practice exploration of digital work - P26*
**September 1st 2021, 2:06 am MDT**

**Q4 - Tell us about what work activities you engaged in today.**

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| Tell us about what work activities you engaged in today. |
| today I began my working day with the daily stand-up then I switched the tasks a bit and worked on some build tickets meaning I used a web scrapping app to extract some entities from various websites. |
| Today I worked for my regular job, participated in the daily meeting and then proceeded with tickets solving |
| I didn't work today, normally I engaged in work activities only during the working week (Monday to Friday) |
| I did not engaged in any work activities today |
| today I engaged in the usual activities (solve tickets, repair old builds done by my colleagues), I also participated in the daily stand up, at noon I had a virtual coffee break with two of my colleagues. |
| my work activities included today the daily stand up and tickets from Jira, only regular tasks |
| I participated in the daily stand up, the meeting I usually start my working day with, it took 15 minutes today. Afterwards, I solved some tickets from Jira, our bug tracking app. At lunch I had the weekly one on one with my team leader and for the rest of the day I continued solving issues reported in Jira. |

**Q5 - Tell us about where you engaged in work activities today.**

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| Tell us about where you engaged in work activities today. |
| I engaged in work activities at home most of the day, but during lunch time I worked a little bit from a coffeeshop |
| I engaged in work activities from our place in Cluj-Napoca (I share a one-bedroom apartment with my boyfriend) |
| I didn't work today, normally I engaged in work activities only during the working week (Monday to Friday) |
| I did not engaged in any work activities today |
| I worked from my office at home |
| I worked from my home office |
| I worked from home for the whole day. Currently I am at my mother's where I have a proper study room arranged specifically for working. |

**Q6 - Tell us about when you engaged in work activities today.**

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| Tell us about when you engaged in work activities today. |
| I engaged in work activities from morning till lunch and then a couple more hours in the evening |
| I engaged in work activities from around nine in the morning until 5 o'clock |
| I didn't work today, normally I engaged in work activities only during the working week (Monday to Friday) |
| I did not engaged in any work activities today |
| i engaged into work activities during the first part of the day, after lunch I took a break and a nap and then I returned to work for about one more hour |
| I worked from when I woke up until around 4 pm |
| I engaged in work activities from when I woke up until noon, after my second meeting I took a 2 hours break to eat and have coffee with a friend, then I continued working until around 17:30 |

**Q7 - Tell us about how you felt in your work activities today.**

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| Tell us about how you felt in your work activities today. |
| I felt a bit rusty because I didn't work on building tasks in a while and it took me a bit to get used to the workflow again |
| I felt a bit stressed in the morning because it seemed like I will have a long day ahead of me but at noon I realized everything is all right and I will finish at a decent hour |
| I didn't work today, normally I engaged in work activities only during the working week (Monday to Friday) |
| I did not engaged in any work activities today |
| I felt enthusiastic because I knew that as soon as I finish working I can begin my weekend |
| I felt quite relaxed, the tasks were not very demanding and I could easily go through them |
| I felt a bit stressed today because two of my colleagues left their job and the workload increased a bit for the next couple months |

**Q8 - Tell us about with whom you engaged in your work activities today.**

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| Tell us about with whom you engaged in your work activities today. |
| I engaged with my team mates and at lunch I met with one of my colleagues for coffee |
| I engaged with two of my teammates, having a catch-up call at the end of the day. |
| I didn't work today, normally I engaged in work activities only during the working week (Monday to Friday) |
| I did not engaged in any work activities today |
| I engaged only with my teammates |
| I engaged with colleagues from my team and my team leader. |
| I communicated online on slack with 2 of my colleagues, and discussed on google meet with the whole team in the morning (about 10 people). |

**Q9 - Tell us about what devices, applications, tools and platforms you used in work activities today.**

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| Tell us about what devices, applications, tools and platforms you used in work activities today. |
| I used my laptop and my mobile phone to check the platforms I usually work with - Gmail, Slack and Mozenda |
| I used my laptop, Gmail, Jira and Mozenda |
| I didn't work today, normally I engaged in work activities only during the working week (Monday to Friday) |
| I did not engaged in any work activities today |
| I used my work laptop, the usual apps I work with (Mozenda), Slack, Gmail and my social media accounts that I check on my mobile phone |
| I used my work laptop, Gmail, Slack, and Mozenda |
| I used my work laptop to acces Jira, Pyris, Gmail, Slack and Mozenda - the app I use in my daily work |

**Q11 - Tell us about what free time and leisure activities you engaged in today.**

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| Tell us about what free time and leisure activities you engaged in today. |
| Today I took a longer break for lunch and went for coffee with a work colleague then stopped at the supermarket for groceries. When I returned home I worked a bit more and then I cooked dinner with my boyfriend and had a longer talk about the upcoming period. |
| Today I went in the city centre with my boyfriend and two of his friends, we spent around 2 hours with them on a terrace |
| Today I focused only on sleeping and recharging for the upcoming week, in the sleeping breaks I read a bit from the book Brit-Marie was here. |
| I went to a wedding in the afternoon and in the morning I traveled to the wedding venue city |
| Today I went out for dinner with a group of friends and family |
| I went to get my nails done together with my sister, then did a little shopping with her. Afterwards a friend of ours visited us |
| I had dinner with my family and at lunch a coffee break with a friend |

**Q12 - Tell us about where you engaged in free time and leisure activities today.**

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| Tell us about where you engaged in free time and leisure activities today. |
| I engaged in free time activities at a coffeeshop that is close to the complex I live in, at the supermarket and at home |
| in the morning I woke up and spent an hour in bed reading before I started to work, the evening I spent in the city centre |
| today I spent most of the day in Targu Mures, the hometown of my boyfriend, in the evening we traveled by car to Cluj-Napoca, the city we are currently based in |
| I spent time at the wedding venue and at home relaxing before |
| I engaged in free time activities in a restaurant in the city centre, then I took a walk back home and watched a movie |
| at the mall and at home |
| all the activities I did today were at home |

**Q13 - Tell us about when you engaged in free time and leisure activities today.**

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| Tell us about when you engaged in free time and leisure activities today. |
| at lunch and in the evening |
| a bit in the morning before work and then after I finished working |
| i engaged in free time activities the whole day |
| I engaged in free time activities the whole day |
| I took a longer lunch break to cook and nap today and then I engaged in leisure activities after I finished working |
| I engaged in free time activities after I finished working |
| i used the after noon and evening for leisure activities |

**Q14 - Tell us about how you felt in your free time and leisure activities today.**

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| Tell us about how you felt in your free time and leisure activities today. |
| I felt a bit nostalgic because the weather is changing and I miss starting Uni classes and getting involved in new learning processes but I also feel excited about the future. |
| I felt a bit sleepy in the morning but the evening was fun and I had a great time |
| I felt a bit tired because I went to bed very late last night, but even though it's Sunday I didn't feel anxious or unprepared for the upcoming week |
| I felt relaxed and had lots of fun dancing and meeting new people |
| I felt happy, I really enjoyed socializing and spending time with other people |
| I felt relaxed but a bit tired, overall had a lot of fun |
| I felt relaxed, I didn't feel the pressure from my workplace |

**Q15 - Tell us about with whom you spent your free time and leisure today.**

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| Tell us about with whom you spent your free time and leisure today. |
| I spent my free time with a colleague and my boyfriend |
| I spent my free time with my boyfriend and two of his friends |
| I spent my time with my boyfriend and his mother in real life and I chatted a bit on messenger with some girlfriends that are currently traveling abroad |
| I spent time with my boyfriend and his friends |
| I spent time with some friends, my boyfriend and my mother |
| with my sister and a friend |
| friends and family |

**Q16 - Tell us about what devices, applications, tools and platforms you used in your free time and leisure activities today.**

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| Tell us about what devices, applications, tools and platforms you used in your free time and leisure activities today. |
| I used my mobile phone to check my social platforms and my laptop |
| I used my Kindle, my mobile phone and my personal laptop, I checked my social media accounts and email |
| I used my phone and my Kindle during the day and my laptop to fill in this form |
| I used my mobile phone to access my social media platforms |
| I used my mobile to check my social media platforms and I played a bit of two dots (phone game) |
| my mobile phone, personal laptop, social media accounts and gmail |
| i used my mobile phone to scroll through Instagram and facebook account, I used my personal laptop to fill in this form |

**Q17 - Think of your day as a continuous series of situations.

Tell us some examples about how you combined or separated your work and free time or leisure activities in different situations.

Tell us also some examples about how you switched between work and free time or leisure.

You can discuss planned or unpredicted situations.

When applicable please indicate in your examples:

 what did you do, say, think and/or feel in the situation
 the time and place in which the situation occurred
 which people were involved in the situation
 the use of digital devices, applications, tools and platforms in the situation (e.g. mobile phone, laptop, cloud services, social media, crowdworking platforms)**

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 which people were involved in the situation
 the use of digital devices, applications, tools and platforms in the situation (e.g. mobile phone, laptop, cloud services, social media, crowdworking platforms) |
| Today I started working from my living room until lunchtime when a colleague invited me to have coffee together, so I packed my work laptop and went out to meet her. While there, I checked my laptop to see if anyone contacted me on Slack or if I received new emails. I felt comfortable doing this because we work in the same team and she was also carrying her laptop so we both kept connected. Since I took this break, on my way home I met my boyfriend and we did groceries together for this week. When we arrived home I redid my working setup in the living room, verified if there is any emergency and took a short break laying in bed and scrolling through Instagram. Towards the end of the day I returned to my laptop to finish the assigned tickets and report on what I worked on today. When I send this report, I usually close my laptop so it wouldn't bother me in my free time. |
| During my work time, I usually find myself in the situation in which I check my social media accounts while waiting for an app to run tests, and I scroll longer than the run. Today I spent at least half an hour playing on my phone because the app was running pretty slow.

Today I found it a bit difficult to concentrate only on my work because I kept getting distracted by some online shops (a colleague told me she wants to make a group order) and even though I try to separate my working laptop from my personal one, sometimes I start opening personal links on the work one too. |
| I separate my work from leisure during weekends very easily because for work I use a different laptop and I shut it down on Friday, and Slack and my work email have muted notifications on my mobile phone |
| Today I only focused on leisure activities, barely talked about my job when introduced to new people |
| Today I used a couple of hours at lunch to cook something and afterwards take a nap, read a bit from a fiction book, after this relaxation break I returned to my working environment and finished the tasks I had assigned today. |
| Today I initially planned to go and continue working while getting my nails painted but I ended up postponing my remaining tasks for tomorrow. |
| i usually listen to podcasts or other youtube. videos while working, because I use two screens and I can watch something on the laptop while working on the second screen. When something is not working properly, I take a short break from my work and I check my social media accounts from my phone, I don't have any sm accounts logged in on my laptop so they could not disrupt my productivity. |