Default Report
*Managing work and leisure in the digital age: A practice exploration of digital work - P23*
**August 25th 2021, 12:39 am MDT**

**Q4 - Tell us about what work activities you engaged in today.**

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| --- |
| Tell us about what work activities you engaged in today. |
| Sending finished work to customer. |
| (23.08.2021)
Mails & Designing and Programming work for clients |
| Creating Instagram Filters for clients.
Communicating with new clients.
Updating my accounts |
| (21.08.2021)
Today is Saturday, and even I am self employed I took a day of from any work activities, because I felt like I need a break. This was a conscious decision.  |
| (20.08.2021)
Mails
Managing Content
Creating Filter for clients |
| Replying to mails and messages. |
| - Mails
- Designing and programming for clients. |

**Q5 - Tell us about where you engaged in work activities today.**

|  |
| --- |
| Tell us about where you engaged in work activities today. |
| At an Ikea parking lot. |
| In my van at a parking lot in front of Mc Donalds. |
| In my van and at Mc Donalds |
| - |
| In my van and Mc Donalds |
| In my van & at Mc Donald's |
| At a fast food restaurant to get WiFi and in my van. |

**Q6 - Tell us about when you engaged in work activities today.**

|  |
| --- |
| Tell us about when you engaged in work activities today. |
| 10am - 11am |
| In the morning after getting up for 10 minutes
1pm - 3pm
9pm-11pm
 |
| After getting up (10am)
12am - 3pm
9pm- 11pm

 |
| - |
| After getting up in the morning. Checking my Mails while still im my bed.
Also from 11am to 2 pm |
| 9am
13-16pm
21-23pm
 |
| - After getting up (9am)
- 13-15pm
- 22-23pm |

**Q7 - Tell us about how you felt in your work activities today.**

|  |
| --- |
| Tell us about how you felt in your work activities today. |
| Motivated |
| Anxious |
| Motivates |
| - |
| Not really concentrated.
Had the need to move my body. |
| Motivated and happy |
| Really motivated.
Besides checking mails in the morning it was more like "I have to" |

**Q8 - Tell us about with whom you engaged in your work activities today.**

|  |
| --- |
| Tell us about with whom you engaged in your work activities today. |
| Noone |
| A friend who travels with me as a co worker.
Clients via mail |
| With a friend of mine as Co worker.
Clients via mail and chat |
| - |
| A friend of mine as a Co-Worker
 |
| Clients through mail and messages |
| No one.
Worked on my own for the client projects. |

**Q9 - Tell us about what devices, applications, tools and platforms you used in work activities today.**

|  |
| --- |
| Tell us about what devices, applications, tools and platforms you used in work activities today. |
| iPhone, MacBook, Fiverr, Gmail |
| iPhone, Macbook, Sketch, Spark AR, Photoshop, Chrome |
| iPhone, MacBook, Photoshop, Lightroom, GitHub, Fiverr, Gmail, Spark Ar, Sketch |
| - |
| iPhone, MacBook, Google Chrome, Photoshop, Photoshop Lightroom, Sketch, Spark Ar |
| iPhone, MacBook, Sketch, Spark Ar, Photoshop, Photoshop Lightroom, Fiverr, YouTube, Gmail |
| Gmail, Fiverr, MacBook, iPhone, Sketch, Spark AR |

**Q11 - Tell us about what free time and leisure activities you engaged in today.**

|  |
| --- |
| Tell us about what free time and leisure activities you engaged in today. |
| Sightseeing  |
| Sightseeing |
| Driving
Sightseeing
 |
| Chilling at the beach
Playing volleyball
Cooking |
| Sightseeing, Swimming |
| Photography and driving |
| Hiking, Photography |

**Q12 - Tell us about where you engaged in free time and leisure activities today.**

|  |
| --- |
| Tell us about where you engaged in free time and leisure activities today. |
| Hamburg |
| Flensburg and North of Germany |
| Road tripping through Denmark  |
| At a parking lot and beach in Denmark |
| Along the west coast of Denmark |
| Several places at the west coast of Denmark |
| Nature and in my van |

**Q13 - Tell us about when you engaged in free time and leisure activities today.**

|  |
| --- |
| Tell us about when you engaged in free time and leisure activities today. |
| All day long after 12am |
| in the afternoon during the work sessions |
| In the evening |
| All day long |
| after 2pm |
| Between my work sessions |
| All day long besides my working time. |

**Q14 - Tell us about how you felt in your free time and leisure activities today.**

|  |
| --- |
| Tell us about how you felt in your free time and leisure activities today. |
| Happy |
| Happy |
| Happy |
| Balanced |
| Tired |
| Exhausted and thinking about work stuff |
| Felt to work more and was not really enjoying my activities. |

**Q15 - Tell us about with whom you spent your free time and leisure today.**

|  |
| --- |
| Tell us about with whom you spent your free time and leisure today. |
| Two people who are traveling with me |
| My travelbuddy |
| A friend of mine who is traveling with me |
| A friend of mine who is traveling with me and a girl we met yesterday |
| A friend of mine who is traveling with me. |
| A friend of mine who is traveling with me |
| A friend of mine who is currently traveling with me. |

**Q16 - Tell us about what devices, applications, tools and platforms you used in your free time and leisure activities today.**

|  |
| --- |
| Tell us about what devices, applications, tools and platforms you used in your free time and leisure activities today. |
| iPhone, Instagram |
| iPhone |
| iPhone, Instagram |
| iPhone, Instagram, TikTok |
| iPhone, Instagram, TikTok |
| iPhone, Instagram |
| iPhone |

**Q17 - Think of your day as a continuous series of situations.

Tell us some examples about how you combined or separated your work and free time or leisure activities in different situations.

Tell us also some examples about how you switched between work and free time or leisure.

You can discuss planned or unpredicted situations.

When applicable please indicate in your examples:

 what did you do, say, think and/or feel in the situation
 the time and place in which the situation occurred
 which people were involved in the situation
 the use of digital devices, applications, tools and platforms in the situation (e.g. mobile phone, laptop, cloud services, social media, crowdworking platforms)**

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| Answering messages on Fiverr |
| Replying to messages on Fiverr |
| Answering to new clients on Fiverr all day long. |
| Just had free time today |
| Answering to Fiverr messages at any time to keep my score up. |
| My MacBook is only for work. So when I open it, it is time for work.

I only answer to my Fiverr messages when I am away from my Mac |
| I combine the time when answering on Fiverr on my iPhone to keep my score high.
But I only so serious work on my MacBook so when I open it, it is time for worm |