Default Report  
*Managing work and leisure in the digital age: A practice exploration of digital work - P14*  
**July 20th 2021, 12:42 am MDT**

**Q4 - Tell us about what work activities you engaged in today.**

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| Tell us about what work activities you engaged in today. |
| Note: This diary is for 18.06. (yesterday) I didn't do any of the work activities because it was Sunday. |
| Nothing, today was day off. |
| Today I was creating website for one of my clients. |
| Editing content for our instagam accounts. |
| Today I worked on social media channel which is related to fitness. |
| Today I answered business inquiries, sent offers, and had online meetings with clients. |
| Today I made a digital campaign for a clothing brand. |

**Q5 - Tell us about where you engaged in work activities today.**

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| Tell us about where you engaged in work activities today. |
| N/A |
| N/A |
| In apartament in Kotor, Montenegro. |
| Car, apartment and balcony. |
| Curently we are at Ksamil so we filmed our videos on beaches. |
| This morning I traveled from Greece to Albania. It was a short 2-hour trip and when I arrived at accommodation in Albania I turned on my laptop and started tackling unread emails. |
| I made a digital campaign from Greece. |

**Q6 - Tell us about when you engaged in work activities today.**

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| Tell us about when you engaged in work activities today. |
| N/A |
| N/A |
| In the morning. |
| In the morning and afternoon. |
| Most of the morning and afternoon. |
| Today I worked from 10 a.m. to 4 p.m. |
| I made business tasks in the morning. |

**Q7 - Tell us about how you felt in your work activities today.**

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| Tell us about how you felt in your work activities today. |
| N/A |
| N/A |
| Very good and creative. |
| It was a bit exhausting because we were travelling today. |
| Little bit tired because of the high temperatures. |
| I was a little tired from the trip, but luckily I didn't have that much work today and talking to clients via zoom is my favorite part of the job. |
| While working on the campaign I felt great because I had a beautiful view from the balcony. |

**Q8 - Tell us about with whom you engaged in your work activities today.**

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| Tell us about with whom you engaged in your work activities today. |
| N/A |
| N/A |
| With my friend from Croatia she is digital designer. |
| With my girlfriend. |
| With my girlfriend and new friends that we met today from Albania. |
| I have worked with clients from Croatia and the Netherlands regarding digital promotions on Instagram and Tik Tok. |
| With a popular clothing brand. |

**Q9 - Tell us about what devices, applications, tools and platforms you used in work activities today.**

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| Tell us about what devices, applications, tools and platforms you used in work activities today. |
| N/A |
| N/A |
| I used wordpress, canva, google drive, google keeps, facebook, instagram and linkedin on my laptop. |
| I used only mobile phone today and from applications I used google drive, google keep, inshot, instagram, facebook and tik tok. |
| Today we used mobile phone, laptop and GoPro camera. From applications on laptop we used google drive, photoshop, canva, facebook, instagram, youtube, google keeps and on mobile phone i used instashot, camera, instagram, facebook and tik tok. |
| Today I used a laptop and a mobile phone, from the applications I used Zoom, Facebook business, Instagram, tik tok, Gmail, google maps, and google keep. |
| I used a laptop and cell phone today. I used Google Ads and the Facebook Business platform to create the campaign and I also used Canva and Grammarly applications. |

**Q11 - Tell us about what free time and leisure activities you engaged in today.**

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| Tell us about what free time and leisure activities you engaged in today. |
| Note: This is for 18.06. (yesterday) Running and working out with my girlfriend and dog, family lunch, watching video game stream and another family drink. |
| Yoga, walking dog, family lunch and walk at the beach |
| Going to the beach, swimming and yoga. |
| Siteseeing during evening. |
| Today I was swimming, diving and doing HIIT training. |
| Today I did yoga, swimming, and reading a book. |
| I did yoga in the morning and after work, I swam in the pool. |

**Q12 - Tell us about where you engaged in free time and leisure activities today.**

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| Tell us about where you engaged in free time and leisure activities today. |
| Running and working out in the park in Zadar, family lunch at restaurant Mama Mia in Zadar, watching video game stream at my apartment and family drink at Famous Bar in Zadar. |
| Yoga was at balcony of our apartment and walking dog was at the beach. |
| Beach in Kotor, Montenegro. |
| Old city in Kotor, Montenegro. |
| On beach. |
| I did yoga in Parga, Greece and then in Albania, I went to the beach. |
| I did yoga on the balcony with a beautiful view and I did a swim in the pool of a hotel in Greece. |

**Q13 - Tell us about when you engaged in free time and leisure activities today.**

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| Tell us about when you engaged in free time and leisure activities today. |
| Running and working out in the morning. Family lunch around 2pm, watching video stream at 5pm, and family drink at 7 pm. |
| Yoga in the morning and going to the beach in the afternoon. |
| In afternoon. |
| In the evening. |
| In the morning and afternoon. |
| Yoga in the morning and swimming in the afternoon. |
| I did yoga in the morning and after work, I swam in the pool. |

**Q14 - Tell us about how you felt in your free time and leisure activities today.**

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| Tell us about how you felt in your free time and leisure activities today. |
| I was so happy because my whole day was full of hanging out with people that I love. |
| It was fantastic! |
| Really happy. |
| I was enjoying new town but I was a little bit tired from trip. |
| I felt great, because today were high temperatures so cold water in sea saved me. |
| Fantastic. |
| While doing leisure activities I felt great and after returning to work I felt more productive with a lot more ideas. |

**Q15 - Tell us about with whom you spent your free time and leisure today.**

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| Tell us about with whom you spent your free time and leisure today. |
| With my girlfriend, our friends dog, my family and my girlfriends family. |
| With my girlfriend and friends. |
| With my girlfriend. |
| With my girlfriend. |
| With my girlfriend. |
| With my girlfriend. |
| I spent my free time with my girlfriend. |

**Q16 - Tell us about what devices, applications, tools and platforms you used in your free time and leisure activities today.**

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| Tell us about what devices, applications, tools and platforms you used in your free time and leisure activities today. |
| Mobile phone. Apps: facebook ,instagram, youtube, tik tok, googel drive, google keeps. |
| Mostly mobile phone and I used instagram and facebook. |
| I used only my mobile phone and from applications I used facebook, instagram and google drive. |
| Mobile phone and I used facebook and instagram. |
| I used mostly my mobile phone and from applications I used instagram, instashot, facebook, google drive and google keeps. |
| Mobile phone and applications: Whatsapp, Facebook, LinkedIn, Canva, Camera, Google Calender, Instagram, Google Keep, Google Drive. |
| During my free time I used a laptop, cell phone and camera. |

**Q17 - Think of your day as a continuous series of situations.
Tell us some examples about how you combined or separated your work and free time or leisure activities in different situations.
Tell us also some examples about how you switched between work and free time or leisure.
You can discuss planned or unpredicted situations.
When applicable please indicate in your examples:
what did you do, say, think and/or feel in the situation
the time and place in which the situation occurred
which people were involved in the situation
the use of digital devices, applications, tools and platforms in the situation (e.g. mobile phone, laptop, cloud services, social media, crowdworking platforms)**

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| In the morning I went running I working out, after that, I started preparing a cake for my family and then we went to the restaurant, after that, I was watching the video game street and after that, my girlfriends family came and we went for a drink in the beach bar. |
| In the morning I did yoga and after that had free time with my girlfriend. I had family lunch and after the lunch we went to walk friends dog to the beach. |
| In the morning I did yoga and after that i had fruit for breakfast. After that I started creating website for one of my client. After work I went to the beach were I swam. After that I went back home in my apartamnrt in Kotor, Montenegro. |
| Early in the morning we went on trip from Ksamil, Albania to Kotor, Montenegro. It was 8 hours drive so most of morning work I did on my mobile phone bit it was tough because I didnt have internet so most of my work I did offline. I was writing descriptions for instagram content. When we arrived in Kotor we went siteseeing and we had dinner at beautiful little restaurant. After that we went to our apartment and I finshed the rest of my work for today, like answering emails. |
| First thing in the morning I did my yoga training. After that I had breakfast and we went to beach. Today I was working on private project together with my girlfriend. We were filming our workout on beach in Ksamil, Albania. Also we met 2 new friend from Albania which for very great experience for us. In breaks we went swimming and diving. And after the beach we went to local market and in restaurant. |
| My business today started when I came to new accommodation in Albania. The business day started when I turned on my laptop and started reading emails and sending offers. Today I had several arrangements to chat via the zoom app. After the job was done I went to the beach where I swam and read a book. I took a break from work during lunch. Since I eat only fruits and vegetables, I don't waste so much time preparing breakfast and lunch, and for dinner, I go to a restaurant with my girlfriend. |
| My morning started with yoga on the balcony of my hotel room (best time of my day because I only focus on my breathing and everything else at that moment doesn't matter), then I did most of my work tasks and after that, I went for a swim. After the swim, I finished my work and had lunch at the restaurant of hotel. I had a break and swim at the Beach of Parga, Greece. Parga is a lovely place and I felt so happy that I can be here and enjoy its beautiful nature. For dinner, we went to a restaurant and after that, we went to sleep. |