Default Report
*Managing work and leisure in the digital age: A practice exploration of digital work - P8*
**July 14th 2021, 8:25 am MDT**

**Q4 - Tell us about what work activities you engaged in today.**

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| Tell us about what work activities you engaged in today. |
| On Saturday, I was actually using a little bit of my morning time to research further into adobe XD animations which is kinda part work, part free time as it isnt something i nescessarily have to do but its counted as further education at work. |
| On Friday, I was mostly designing and recreating our booking engine again. I was also having a final meeting for the week to discuss what we did so far.  |
| Today the whole day consisted of recreating our booking engine in Adobe XD for future fast and easy adaptions for the developers. Besides that, I had a meeting with my two other colleagues who work in the same field |
| Creating a newsletter design, continuted to work on the interactive webdesign, talking to colleagues, having meetings, creating newsletter |
| Further education at work as i had not too much to do, meaning watching youtube tutorials and googling adobe XD related things. I was also planning newsletters for the upcoming week, having a few meetings and discussions with my boss about the workflow in general |
| I was mostly doing a design for a newsletter and getting up to date after my holidays  |

**Q5 - Tell us about where you engaged in work activities today.**

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| Tell us about where you engaged in work activities today. |
| At home |
| At work only |
| At work only |
| At work and at home |
| At work and at home. |
| I was only working at my workplace |

**Q6 - Tell us about when you engaged in work activities today.**

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| Tell us about when you engaged in work activities today. |
| from around 0900 - 1130 |
| From 0730 - 1200. I could finish earlier that day as I have gathered a few extra hours and we are able to use them to go earlier.  |
| from 0730 - 16.40 |
| from 0730 - 1700 and from 1700 - 2200 |
| Today from 0730 - 1700 and from 1730 - 1830. |
| From 0730 - 1600 |

**Q7 - Tell us about how you felt in your work activities today.**

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| Tell us about how you felt in your work activities today. |
| Excited to do them as I had a clear vision in mind of what I want to do.  |
| Good, it was friday and I was motivated to finish the rest for the week.  |
| A little bit bored as the recreation of the booking engine was rather boring, no room for creativity.  |
| Good but also exhausted as I wanted to continue on the interactive design and I took it with me for the whole evening so I didnt really do something else than working today. However, its a work I enjoy doing |
| Satisfied as I had the chance today to work on things I actually enjoy doing.  |
| Good, had a difficult customer which is actually fun to work with as it gives me a little challenge when designing |

**Q8 - Tell us about with whom you engaged in your work activities today.**

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| Tell us about with whom you engaged in your work activities today. |
| Noone |
| My two work colleagues mostly. The rest of the office was at home or at holiday already |
| With all of the colleagues who were at the office basically as we had a huge morning breakfast where I met most of the staff. |
| With my colleagues, bosses and customers on the phone / mail. Today, someone wanted to speak with me about some newsletter related things as I am the person in charge for that. |
| With my colleagues and my boss also with a few customers through mail. |
| With all my colleagues at work, mostly with my colleague of the same department but we were chatting a lot today about my holiday |

**Q9 - Tell us about what devices, applications, tools and platforms you used in work activities today.**

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| Tell us about what devices, applications, tools and platforms you used in work activities today. |
| Adobe XD, Photoshop, Illustrator |
| Adobe XD, Skype, Chrome, Safari |
| Adobe XD, Photoshop, Adobe Illustrator, Google, Youtube, our booking engine, skype, outlook, cleverreach |
| Cleverreach, Adobe applications, gmail, outlook, skype, google, youtube, safari (two browsers to test the design) my phone (to test the mobile optimization) our own CMS and our CRM. |
| Adobe applications, cleverreach, google, youtube, outlook, skype, word, our server and our own CMS. |
| I was using a MacbookPro for designing the Newsletter with Adobe XD & Photoshop, using Cleverreach to test and send Newsletters, Outlook for checking Mails, Skype for internal communications, Word, Atlassian as a project management tool, Safari and our internal CMS |

**Q11 - Tell us about what free time and leisure activities you engaged in today.**

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| Tell us about what free time and leisure activities you engaged in today. |
| I was cleaning the house again, cooking, we went to Hallein to strawl around the city, went to a huge field where we picked some berries and went for a drink in the evening. At night I was playing a few games. |
| On friday after coming home, going grocery shopping, I was making us something to eat and started to clean the apartment. Then we were taking a walk and prepared dinner, watched some TV show and went to bed.  |
| Today after work I went to the gym for an hour drove home, made something to eat, talked with my girlfriend and played a few video games with friends.  |
| Not much, mostly looking through social media or listening to music at work and at home.  |
| Playing one game of league of legends, watching youtube / netflix videos and eating. |
| Going to the gym, watching videos, chatting and skyping with friends, gaming |

**Q12 - Tell us about where you engaged in free time and leisure activities today.**

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| Tell us about where you engaged in free time and leisure activities today. |
| In Hallein and Salzburg area.  |
| At home and around the area here.  |
| At home. |
| At home and at work, every once so often.  |
| At home. |
| At home and at the gym next door |

**Q13 - Tell us about when you engaged in free time and leisure activities today.**

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| Tell us about when you engaged in free time and leisure activities today. |
| From 0800 - 0900 / 1130 - 2400 |
| From around 1200 till 2400 |
| after work from 16.50 - around 2300 |
| In small bits throughout the whole day, it was not a constistent spearation between the start of leisure time and between work. |
| from 1830 - 2300 |
| After work from 1615 - 2300 |

**Q14 - Tell us about how you felt in your free time and leisure activities today.**

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| Tell us about how you felt in your free time and leisure activities today. |
| Relaxed and happy as we had a beautiful sunny day and a cool experience picking those berries in the huge fields.  |
| Kinda happy that we didnt do something that day as the last few weeks have been very exhausting and we had a program every weekend. So it was great to have a day off |
| More relaxed than the last days as I decided not to continue with the project Ive been personally working on.  |
| Not as relaxed and well as usually, as I didnt really do much.  |
| Good, I had the chance to calm down and relax - I was even continuing the things I did at work as they were really interesting.  |
| Good and relaxed after a long day at work directly after the holiday even though its monday |

**Q15 - Tell us about with whom you spent your free time and leisure today.**

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| Tell us about with whom you spent your free time and leisure today. |
| My girlfriend and some friends online |
| My girlfriend |
| My girlfriend only. |
| My girlfriend |
| With 2 of my friends online on discord, with my girlfriend.  |
| My girlfriend and friends from germany |

**Q16 - Tell us about what devices, applications, tools and platforms you used in your free time and leisure activities today.**

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| Tell us about what devices, applications, tools and platforms you used in your free time and leisure activities today. |
| Youtube, my phone, Instagram, Twitch, Discord, whatsapp.  |
| Instagram, whatsapp, discord, youtube, netflix |
| Youtube, whatsapp, instagram, discord, league of legends, dribbble, skype |
| Youtube, spotify, instagram, reddit |
| League of legends, whatsapp, instagram, discord, google, youtube, netflix, my smartphone and my computer.  |
| My computer, my phone, youtube, netflix, reddit, steam |

**Q17 - Think of your day as a continuous series of situations.

Tell us some examples about how you combined or separated your work and free time or leisure activities in different situations.

Tell us also some examples about how you switched between work and free time or leisure.

You can discuss planned or unpredicted situations.

When applicable please indicate in your examples:

 what did you do, say, think and/or feel in the situation
 the time and place in which the situation occurred
 which people were involved in the situation
 the use of digital devices, applications, tools and platforms in the situation (e.g. mobile phone, laptop, cloud services, social media, crowdworking platforms)**

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| The switch was rather difficult today as I was in my "free-time" environment. You start working in a space where you usually relax which reduces the clear cut between spare time and work. However, I set myself a limit so that I dont get lost in work and actually start doing something for the household. This happened by using a timer on my phone. I figured its a good idea to make the cut more clearer.  |
| On Friday, the switch was also very clear as I could put off work directly after going home. The switch for me starts when I go into the car and start driving home. Actually even earlier when I go out of the office. |
| Today the switch was a clear cut. Straight after 1640 I went to the gym and worked out which was very relaxing. As I had nothing to do really it was also nice to do something with my girlfriend earlier than before going to bed, as we both had spare time. We talked, didnt really use any devices at all. Later that evening, I was checking some youtube tutorials and videos, followed by playing 2 games. The rest of the day (around at 21:30) I was watching a netflix show alone.  |
| Today I combined leisure and work - I did not really have a switch from work to leisure as I was driving home, eating and starting to design the webpage again. This continued until -20 minutes before I was going to sleep. I would say, this is where the cut happened, as this was the moment when I engaged in talking and chatting with my girlfriend about the day. During the work, I was having music running in the background on spotify and was checking my phone sometimes but not consistently. At the end of the day I felt really exhausted.  |
| Today I was working at home a little bit on the project I was doing at work, as I wanted to finish it. It is not nescessarily something I have to do but rather something I do to educate myself further. It is a very interactive Webdesign that I wanted to finish rather quickly. I was searching on animation methods to do interesting interaction effects. So the switch between work and leisure time was not really there, as I continued the things I did at work at home. However, I view them not as "work" as I really enjoy doing them. I rather see it as something for me to grow on personally. Kinda like learning a new language. Involved were only my friends and my girlfriend, as I showed her the prototype.  |
| Today, the combination between work and free time mostly occured when talking to other work colleagues. About 2 hours of the whole day, I was taking the time to drop by at every work colleague at the office to talk about what's been going on during the last week to catch up. Here the merge between work and free time happened when we switched from talking about work to talking about my holiday or their free time. It usually happenend as they were asking me about my trip when we started talking about it. I felt good as I was able to tell them what I did, having a nice conversation and telling them about greece.
Furthermore, the fusion between work and free time also occured when I was talking to my friends on whatsapp about future holiday planning or other things to do during the summer. I was also using google to check on some adventures that we can plan such as rafting, camping, etc. Furthermore, I was checking social media every so often if I felt a fatigue during work.
In fact, our CEOs actually say to take 5 minutes after every hour to relax and do something else to come back refreshed.
Furthermore, when getting coffe, there was usually a merge between spare time and work aswell - I was often asking other colleagues to get coffe together so we could have a chit chat.  |
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