

Charlie

It's 20 years from now...

When someone's mental health, person -> social circumstances start to deteriorate open conversations take place with the person - trusted professionals explore the person's difficulties with them, listening to barriers and problems - solving together. Medication is only part of the picture and service users feel a greater sense of respect for them as a whole person because of the approach to them from professionals. Risks and concerns ~~are~~ are discussed openly and alternatives to admission/detention are explored at an early stage. Services are supportive + proactive.

Decisions about whether to proceed with an assessment are graded - there is a pathway of steps that lead toward + away from proceeding with an assessment. The process is collaborative with the person, their family -> with services.

AMHPs were at the forefront of this changes, shifting a culture that had become reactive and paternalistic. Advocacy -> social justice were at the heart of AMHP practice. We led by example to demonstrate the benefits of a more holistic and human approach.