

FRANK

x Changing language of Planning Care  
- Walter in first person:  
My Care Plan i.e. (+ Put a statement then)

Things things that work for me  
My Medications: what I think  
don't- this and how it helps / doesn't or  
what I would like to change.

My Subject.

Who I want to support me when:

- I'm upset
- stressed
- relapse

The things that can de-stabilize me.

What you <sup>(professionals)</sup> can do to support

What I can do to support myself.

What my family / friends / others  
can do.

The things I wonder to be a role

① AMHS look to Care Plan for sense  
of - the person!

x Changing the language of Mental (Health)  
Thresholds to reduce stigma

Focus language into Recovery  
+ Health at all levels.



Rate is positive - shared and  
greatest where possible.

Services are joined - in and  
communities effectively to enable  
AMHBS to explore and mobilize  
community resources at short notice.

There are alternatives to hospital  
admission and medical models of  
treatment that are based  
on clients' needs and views.

Expertise is not put 'inferred'!  
The client is the expert also  
of their world + situation. Less  
normative and more collaborative  
approach. (The Care Plan).