



## Interview guide for midwives

Thank you for your time.

Please note that this document will guide the interview session. Your responses and elaborations will determine how discussions evolve.

### Part 1: Welcome and Introduction

- Researcher introduces self and welcomes interviewee to the interview session
- Researcher explains the purpose of the interview: to explore midwives perspectives of providing healthy eating advice to pregnant African migrants living in the UK.
- Researcher reminds interviewee that participation is entirely voluntary, and they can withdraw at any stage.
- Researcher requests permission to record the session
- Researcher informs interviewee that she will be taking notes throughout the interview.

### Part 2: Healthy eating advice

- How do you offer healthy eating advice to pregnant women?
- Have you ever offered healthy eating advice to pregnant Africans?
  - Prompts
    - What approach does this advice take?
    - Is it different from other types of advice you give?
- What form did this advice take?
  - Prompts
    - Booklets, brochures, pamphlets
- Do you offer the same advice to everyone?
- Do you consider the eatwell guide and pregnancy healthy eating guidelines appropriate to all cultures and social contexts?
- Do you have any other thing to say?

