

SPLASH Study Questionnaire

Response ID	Start date	Completion date
682252-682243-71964395	6 Feb 2021, 20:57 (GMT)	6 Feb 2021, 21:39 (GMT)

Answers to Questions 1-10 (Participant Agreement Form, Screening and Contact Details sections) removed as these contained non-anonymised participant information.

11	What is your relationship with the person/people with Severe LD/PMLD you care for? (e.g. son, daughter, sister, brother, 1:1 support worker, or physiotherapist in community adult LD team)	1:1 Community Activity Coordinator & Hydropool Manager
12	How often/many hours per week do you care for them? (e.g. 37.5 hours per week, evenings and weekends, monthly visit)	Monthly visits
13	Age: (if you would prefer not to say, please type this in the box below)	21 (but support older as well)
14	Gender: (if you would prefer not to say, please type this in the box below)	Female
15	Diagnoses:	Spastic quadriplegia
16	Level of Learning Disability:	Profound and Multiple
17	Thinking about their muscles, how might you describe their tone? (e.g. high (hypertonic), low (hypotonic), spasticity, rigidity, variable, unknown/unsure)	Spasticity

18	Which limbs are affected by altered tone and how? (e.g. increased tone in both arms / both legs / left side / right side, unknown/unsure)	Spasticity in all four limbs
19	Do they have any issues affecting the position/posture of their trunk? (e.g. bent forwards (kyphosis), bent to their left / right (scoliosis), unknown/unsure)	Extensor spasms
20	Do they have any contractures (unable to fully bend or straighten any joints)?	Yes
20.a	If yes, where and what movement are they unable to do? (e.g. unable to straighten their right elbow, unable to bend either knee)	Every main joint has very limited range in movements
21	What postural equipment do they have in place at home or use at day centre? (e.g. wheelchair, armchair, sleep system, pacer/body support walker, unknown/unsure)	Wheelchair
22	Can they walk or transfer at all? (Please select the answer which best fits)	No - they are unable to weight bear and need equipment to sit/stand upright.
23	Do they have any specific communication support needs? (e.g. easy read, pictures/objects of reference, TaSSeLs, communication aids, unknown/unsure)	No formal system in place
24	What type of accommodation do they live in? (e.g. family home, supported living, residential care, unknown/unsure)	Adapted family home
25	What care packages are in place? (e.g. at home / day centre, unknown/unsure)	Day carers
26	Who funds their care?	Unknown/unsure
26.a	If you selected Other, please specify:	

27	Did they access hydrotherapy as a child?	Yes
27.a	If yes, how often?	Unsure
28	Do they access hydrotherapy now?	Yes
29	How regularly did they used to access hydrotherapy as an adult?	
30	When/why did they stop attending hydrotherapy?	
31	How regularly do they access hydrotherapy now?	Fortnightly previous to pandemic.
32	Have they ever accessed hydrotherapy more or less often than they currently do?	No
32.a	If yes, could you explain how often they used to access hydrotherapy and the cause for this change?	Unsure if they accessed it in their school setting
33	Who pays for their access to hydrotherapy as an adult?	Social Care / Local Authority / Council
33.a	If you selected Other, please specify:	
34	When they last accessed hydrotherapy, was the water:	Hydrotherapy pool temperature (e.g. hotter than a public swimming pool)
35	What did they do during the hydrotherapy session?	<ul style="list-style-type: none"> • Passive movements (e.g. swishing in the water/sea weeding) from caregiver in the water • Passive stretching (e.g. someone giving hands on stretches) from caregiver in the water
35.a	If you selected Other, please specify:	